ZOOM INSRUCTIONS

- **This is FREE and you can connect from any device**
  This includes any smartphone, tablet, laptop or desktop computer.

- **<u>Download the FREE Zoom ap before class</u>**
  Before class, download and install the Zoom ap (it's free: https://zoom.us/) so you are ready to go. Click the "Sign up it's free" blue button at the top of the page and follow the setup instructions.

- **What you will need for the class**
  Depends on which class you are taking.

- **Audio/Video options**
  Within the Zoom ap, you can control whether your audio and video are on or off. We will "mute" everyone once class begins. If you are comfortable turning your video on, we'd love to see your smiling faces!

- **Music**
  You are welcome to play your own background music in your space! (I will have everyone muted during the class so others will not be able to hear you/your music).

- **"Chat" feature in Zoom**
  Note that there is a "Chat" icon in the Zoom ap that will allow you to type a note to the group. Feel free to share feedback or just say hi to everyone!

- **Community connection time afterward**
  For anyone who'd like to say "hello," at the end of class, we can "unmute" everyone so we can say hi and have a few minutes of sharing.

- **Tech troubles? No worries…**
  If you wind up having trouble connecting or lose your connection during the class, no worries. We can send you a link to a recording of the class that you can view at your convenience.